The values that I think are really essential for me as an individual, for me being Nimiipu-uet? A Nez Perce woman, are first of all family. The land, and the animals on it and taking care of them. I always think of one of our chiefs that said, "Mother earth is our mother, and we need to take care of her so she can take care of us." And I think that, you know, that I think first of all there needs to be respect for self, respect for the environment which includes all of the animals and the fish and all the living things that provide us with what we need and the land itself and all that grows on it.